



Club Training: Pre-Session Assessment

- To be completed by the senior/lead instructor before the training session
- This should then be kept in the folder in the wet training room
- After the session, **any accidents or dangerous incidents** should be recorded in the incident book (in disabled toilet cupboard).
- Brief the team on any **medical issues** within the group

Event:		Date:	
Management:	SI:		
Instructors			
Wind now:	Force:	Direction:	
Wind forecast:			
Tide status: (next high/low):			
Sea state	Now:	Predicted:	
Visibility	Now:	Predicted:	
Boats Out	Toppers:	2000s:	Other (comment below):
# Students			
RIBS Used			
Other activities			
Summary of Daily Plan (include sailing areas, timing aims, other comments)			
Morning			
Afternoon			

Have you briefed the team on known Medical issues?